



TECHNICAL DATA

1 ROMPEPIERNAS CORTA



95 km



1.665 m



1.632 m



Sos del Rey Católico y Castiliscar

A route based on a short version of the Rompepiernas (leg-breaker) bike touring challenge, known as the Rompepiernas corta (short leg-breaker).

There are several loops on the route, which starts in Sos del Rey Católico, and you can either tackle the challenge in the way it has been planned or only do some of the proposed loops.

It starts in Sos del Rey Católico where you take the old road for the first climb to Puerto de Sos, then comes the descent to Sos and the bottom of the valley.

The route then goes to Navardún where it diverts to Urriés and Puerto de Cuatro Caminos. After reaching the top of the mountain pass, the route descends to Undués de Lerda before the second climb to Puerto de Sos.

After you have reached the summit, the route descends, but this time it takes you to Castiliscar, where you begin the third and final climb to Puerto de Sos, although on this occasion the route takes you on the south side, passing through Sofuentes and Mamillas. At the top of the mountain, the route continues on the old mountain pass and the Sos road and finishes in this monumental and mediaeval town.



